

Free/Low-Cost Medical Clinics

*Compiled by the Iowa Division of Latino Affairs,
Department of Human Rights
Lucas State Office Building, 2nd Floor
Des Moines, Iowa 50319
Phone: 515-281-4080, Toll Free 1-877-330-3516, Fax: 515-242-6119
Revised 2-18-02*

**Immunizations for Children
Physicals for School, Sports or Work
Illness and Minor Injury Care
Child-Wellness and Preventive Care**

Walk-ins Only No Appointments

Altoona

Central Place Family Center
Thursdays 12:00noon-5:00pm
1701 - 8th Street SW
Altoona, Iowa
Phone: (515) 969-7806

Ames

Ames Free Medical Clinic
Thursdays 6:00pm-8:00pm
Youth and Shelter Services
420 Kellogg
Ames, Iowa 50010
Phone: (515) 233-3141

Cedar Rapids

Jane Boyd Community house
Mondays 3:15pm-6:00pm
Thursdays 10:15am-12:00noon
943 - 14th Avenue SE
Cedar Rapids, Iowa 52401
Phone: (319) 373-7329
*General Clinic, Lead Screening,
Podiatry Clinic, Woman's Clinic, Rx
Assistance Program, Fellowship Service
and Meal, Social Worker*

Clarinda

Nodaway Valley Free Clinic
Thursdays 7:00pm-9:00pm
223 W. Washington
Clarinda, Iowa 51632
Contact: Deb Wiebesiek
Phone: (712) 542-3719
E-mail:
Deb.Wiebesiek.ifsg@statefarm.com

Clarion

Clarion Free Clinic

Tuesdays 6:00pm-8:30pm

Community Memorial Hospital

1613 S. Main

Clarion, Iowa 50525

Phone: (515) 532-2811

Des Moines

Corinthian Baptist Church

Every 3rd Tuesday 4:00pm-6:30pm

814 School Street

Des Moines, Iowa

Phone: (515) 243-4073

La Clínica de la Esperanza

Mondays 5:00pm-8:00pm

Tuesdays 1:00pm-5:00pm

Thursdays 8:00am-noon

2679 Maury Street

Des Moines, Iowa 50317

Phone: (515) 244-6162

(Additional clinic times and services provided by Iowa Health System. Please call 265-1413 ext. 269 for more information.)

Maple Street Baptist Church Free Clinic

Thursdays 6:00pm-8:00pm

Maple Street Baptist Church

1552 Maple Street

Des Moines, Iowa 50316

Phone: (515) 262-1931

Margaret Cramer Free Medical Clinic

Thursdays 6:00pm-8:00pm

First Assembly of God Church

2725 Merle Hay Road

Des Moines, Iowa 50310

Phone: (515) 564-0800

Des Moines, Continued

Northeast Wellness Clinic

1st & 3rd Thursdays 4:00pm-6:30pm

Grandview Lutheran Church

2930 East 13th Street (E. 13th & Hull)

Des Moines, Iowa 50319

Phone: (515) 266-8074

Dubuque

Dubuque Rescue Mission

Wednesdays or Thursdays

1:00pm-3:00pm

398 Main Street

Dubuque, Iowa 52001

Call for an appointment: (563) 583-1394

(Free health services for adults)

Visiting Nurse Services

Two Fridays per Month - Free Dental

1454 Iowa Street

Dubuque, Iowa 52004-0359

Phone: (563) 556-6200

Contact: Jacquie Roseliep

(Call the first Monday of the month at 8:00am for an appointment)

Estherville

The Free Clinic

2nd & 4th Tuesdays 6:30pm-8:30pm

First Christian Church

205 North 7th Street

Estherville, Iowa 51334

Phone: (712) 362-3237

Fort Dodge

Fort Dodge Community Clinic

Tuesdays 6:00pm-8:00pm

1st & 3rd Thursdays 6:00pm-8:00pm

Calvary Memorial Church

1315 - 10th Avenue S.W.

Fort Dodge, Iowa 50501

Phone: (515) 573-2280

Fort Dodge, Continued

Fort Dodge Community Clinic

Tuesdays 6:00pm-8:00pm

St. Mark's Episcopal Church

1001 - 1st Avenue South

Fort Dodge, Iowa 50501

Phone: (515) 574-6457

Hampton

Namaste Outreach Collaborative- Hampton OB Clinic

Tuesdays 1:30pm-3:30pm

Public Health Building

1600 Central Avenue East

Hampton, Iowa 50441

Contact: Kerry Merrill

Phone: (641) 422-7778

Iowa City

Iowa City Free Medical Clinic

Monday & Thursday Evenings

(Call at noon on Monday or Thursday
for an appointment)

Tuesdays 9:00am-3:30pm

(Limited Services)

Thursdays 8:45am-11:30am

(Limited Services)

120 N. Dubuque

Wesley House, Lower Level

Iowa City, Iowa

Phone: (319) 337-7909 or

(319) 337-4457

Website: www.jccn.iowa-city.ia.us/~freemed

Medical and Dental Services

Knoxville

Good Samaritan Free Clinic

Tuesdays 6:00pm-8:30pm

First United Methodist Activity Center

308 E. Robinson Street

Knoxville, Iowa 50138

Phone: (641) 842-3712

Marshalltown

Marshalltown Free Clinic

Wednesdays 6:30pm-8:00pm

Trinity Evangelical Lutheran Church

1011 South 3rd Avenue

Marshalltown, Iowa 50158

Phone: (641) 753-7769

Mailing Address:

2005 Stratford Lane

Marshalltown, Iowa 50158

Mason City

Namaste Outreach Collaborative- Community Kitchen Clinic

Tuesdays 10:30am-12:00noon

Community Kitchen of North Iowa

606 Monroe Avenue North

Mason City, Iowa 50401

Contact: Kerry Merrill

Phone: (641) 422-7778

Oskaloosa

Oskaloosa Free Clinic

Thursdays 7:00pm-9:00pm

Central United Methodist Church

A and Market Avenues

Oskaloosa, Iowa 52577

Phone: (641) 672-2564

Ottumwa

Child Health and WIC

Mondays - Fridays

Women and Maternal Health

201 S. Market

Ottumwa, Iowa 52501

Phone: 641-682-8784

Toll-Free: 1-800-452-1098

*Interpreter available some days for
Spanish-speaking clients*

Pella

Good Samaritan Free Clinic II

Thursdays Sign-In 6:00pm-7:00pm

First Reformed Church

603 Broadway

Pella, Iowa 50219

Phone: (641) 628-3493

Perry

Perry Free Medical Clinic

Thursdays 7:00pm-9:00pm

Trinity Evangelical Lutheran Church

2715 Iowa Street

Perry, Iowa 50220

Phone: (515) 465-3272

****Interpreter always available**

Polk City

St. Luke's Clinic

Wednesdays 6:00pm-8:00pm

Polk City United Methodist Church

1421 W. Broadway

Polk City, Iowa 50226

Phone: (515) 984-6274

Sioux City

Sioux City Gospel Mission

Tuesdays, Wednesdays & Thursdays

Call Ahead For Times

301 W. 8th Street

Sioux City, Iowa 51103

Phone: (712) 255-1769

Women's & Children's Shelter

Monday - Saturday 8:00am-9:00pm

415 Bluff Street

Sioux City, Iowa 51101

Phone: (712) 255-1119

(Open as volunteers are available)

DENTAL ONLY

Waterloo

Jubilee Community Health Clinic

Saturdays 9:00am-11:30am

The Bishop House

Jubilee United Methodist Church

610 Allen Street

Waterloo, Iowa 50702

Phone: (319) 236-0199

West Des Moines

Mae E. Davis Free Clinic

Tuesdays 7:00pm-9:00pm

Prayer of Faith Church of God in Christ

131 Ninth Street

West Des Moines, Iowa 50265

Phone: (515) 262-1931